

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Heart ADULT DAYCARE Together We Thrive	Hello October	WEDNESDAY	THURSDAY 1. CORNHOLE TOURNAMENT 8:30- Breakfast 9:20- Table Talk 9:45- ZUMBA 10:30- TOURNAMENT 11:30- Social Time 12pm- Lunch 1pm- BINGO! WINNER GETS A TROPHY!!!	2. CASINO TRIP 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- Floor Games 10:30- CASINO TRIP 11:30- Social Time 12:00- Lunch 1pm- BINGO!
5. FIDGET SPINNER RESIN ART 8:30- Breakfast 9:20- Table Talk 9:45- ZUMBA 10:00- Floor Games 10:30- RESIN ART 12pm- Lunch 1pm- BINGO!	6. WALMART Walmart 8:30- Breakfast 9:20- Table Talk 9:45- FLOOR GAMES 10:00- WALMART 11:30- Social Time 12pm- Lunch	7. HALLOWEEN ARTS & CRAFTS 8:30- Breakfast 9:20- Current Events 9:45- Floor Games 10:00- HALLOWEEN CRAFT 11:30- Social Time 12pm- Lunch 1pm- BINGO!	8. BALLOON POP GAME FIDGET SPINNER RESIN ART 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:30- BALLOON POP 11:30- Social Time 12:00- Lunch 1pm- BINGO! WIN A PRIZE	9. BOWLING TOURNAMENT 8:30- Breakfast 9:30- SIT & BE FIT 9:45- Floor Games 10:30- TOURNAMENT 11:30- Social Time 12pm- Lunch 1pm- BINGO! WINNER GETS A TROPHY!!!
12. Embroidery Class 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- Floor Games 11:30- Social Time 12:00- Lunch 1pm- BINGO!	13. ALL DAY BINGO 8:30- Breakfast 9:20- Current Events 9:45- Zumba 10:00- ALL DAY BINGO 12pm- Lunch 1pm- MORE BINGO!! WEAR YOUR BINGO SHIRTS!	14. DOMINO TOURNAMENT 8:30- Breakfast 9:20- SIT & BE FIT 9:45- Floor Games 10:30- DOMINO TOURNAMENT 11:30- Social Time 12pm- Lunch 1pm- BINGO! WINNER GETS A TROPHY!!!	15. BREAST CANCER AWARENESS PARTY "TOGETHER WE FIGHT" 8:30- Breakfast 9:20- SIT & BE FIT 9:45- Floor Games 10:00- BREAST CANCER PARTY & COMMUNITY MARCH 12:00- Lunch 1pm- CAKE! ♥ Wear pink like a BOSS! ♥ Custom Shirts will be given to those who attend.	16. TARGET TRIP Embroidery Class 8:30- Breakfast 9:20- Current Events 9:45- Floor Games 10:00- TARGET Embroidery Class 11:30- Social Time 12pm- Lunch 1pm- BINGO! WEAR YOUR CENTER SHIRT!
19. Diamond art coasters craft 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- Floor Games 11:30- Social Time 12:00- Lunch 1pm- BINGO!	20. UNO TOURNAMENT 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:30- UNO TOURNAMENT 11:30- Social Time 12pm- Lunch 1pm- BINGO! WINNER GETS A TROPHY!!!	21. PUMPKIN PICKING 8:30- Breakfast 9:20- Current Events 9:45- Morning Stretch 10:00- PUMPKIN PICKING 11:30- Social Time 12pm- Lunch 1pm- BINGO! WEAR YOUR CENTER SHIRT!!!	22. PUMPKIN CARVING 8:30- Breakfast 9:20- Current Events 9:45- ZUMBA 10:00- Floor Games 10:30- CARVE YOUR PUMPKIN 11:30- Social time 12pm- Lunch 1pm- BINGO!	23. GAME SHOW DAY GAME SHOW Jeopardy, Family Feud / Wheel of Fortune 8:30- Breakfast 9:20- Current Events 9:45- SIT & BE FIT 10:00- Floor Games 10:30- GAME SHOW DAY 12pm- Lunch 1pm- BINGO!
26. HALLOWEEN SIP & PAINT 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- SIP & PAINT 11:30- Social Time 12:00- Lunch 1pm- BINGO!	27. SPECIAL LUNCH 8:30- Breakfast 9:20- Table Talk 9:45- ZUMBA 10:15- Floor Games 11:30- Social Time 12pm- SPECIAL LUNCH 1PM- BINGO!	28. NATIONAL CHOCOLATE DAY 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- Floor Games 11:30- CHOCOLATE SNACKS 12:00- Lunch 1pm- BINGO!	29. SPADES TOURNAMENT 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- SPADES TOURNAMENT 11:30- Social time 12pm- Lunch 1pm- BINGO!	30. HALLOWEEN PARTY 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- Floor Games 11:30- BEST COSTUME TROPHY 12:00- Lunch 1pm- CAKE & RAFFLE WEAR YOUR COSTUME!

Good Food ♥ Great Company ♥ Happy Hearts

THIS CALENDAR IS FOR THOSE WHO WANT STRUCTURE, INDIVIDUAL ACTIVITIES ARE AVAILABLE UPON REQUEST.

MEMBERS ARE FREE TO INTERACT WITH THE GENERAL COMMUNITY WHENEVER THEY WANT. IF WEATHER PERMITS, WE WILL HAVE DAILY COMMUNITY WALKS.