


















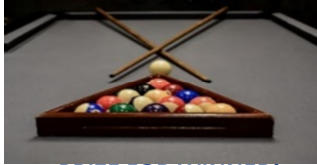








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1. SIP & PAINT 8:30- Breakfast 9:20- Current Events 9:45- SIT & BE FIT 10:00- Floor Games 10:30- FATHERS DAY ART 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p>  <p>PANTRY</p>	<p>2. CHEESE TOURNEMENT 8:30- Breakfast 9:20- Table Talk 9:45- FLOOR GAMES 10:30- CHEESE TOURNEMENT 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> 	<p>3. CASINO TRIP 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- OPEN ACTIVITY 10:30-CASINO 12pm- Lunch 1pm- BINGO!</p>  <p>WEAR YOUR CENTER SHIRT!</p>	<p>4. BALLON POP WITH PRIZES 8:30- Breakfast 9:20- Table Talk 9:45- Floor Games 10:00- OPEN ACTIVITY 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> 	<p>5. WALMART 8:30- Breakfast 9:20- Table Talk 9:45- FLOOR GAMES 10:00- WALMART 11:30- Social Time 12pm- Lunch</p>  <p>WEAR YOUR CENTER SHIRT!!!</p>
<p>8. RESIN ART 8:30- Breakfast 9:20- SIT & BE FIT 9:45- Floor Games 10:30- RESIN ART 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> 	<p>9. FAMILY DAY 8:30- Breakfast 9:20- YOGA/AROMATHERAPY 9:45- FLOOR FAMES 10:30- OPEN ACTIVITY 11:30- Social time 12pm- Lunch 1pm- BINGO!</p>  <p>BRING A FAMILY MEMBER TO THE CENTER TO ENJOY A DAY OF FUN! LUNCH PROVIDED!</p>	<p>10. DOMINO TOURNEMENT 8:30- Breakfast 9:20- SIT & BE FIT 9:45- Floor Games 10:00-DOMINO TOURNEMENT 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p>  <p>PRIZE FOR WINNER!</p>	<p>11. ALL DAY BINGO 8:30- Breakfast 9:20- Current Events 9:45- SIT & BE FIT 10:00- ALL DAY BINGO!!! 11:30- Social Time 12pm-Lunch 1pm- MORE BINGO!!!</p>  <p>WEAR YOUR BINGO SHIRTS!</p>	<p>12. CITIZEN PREPAREDNESS CORP 8:30- Breakfast 9:20- Table Talk 9:45- Current Events 10:00- EMERGENCY BAG GIVEAWAY 11:30- Social Time 12pm- Lunch 1pm- BINGO</p> 
<p>15 SIP & PAINT 8:30- Breakfast 9:20- Current Events 9:45- SIT & BE FIT 10:00- Floor Games 10:30- FATHERS DAY ART 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> 	<p>16. SPADES TOURNAMENT 8:30- Breakfast 9:20- CHAIR YOGA 9:45- Floor Games 10:00-SPADES TOURNAMENT 11:30- Community Walk 12pm- Lunch 1pm- BINGO</p> 	<p>17 GRUTA/ HOLY WATER 8:30- Breakfast 9:20- Table Talk 9:45- YOGA/AROMATHERAPY 10:00- Holy Water 11:30- Social Time 12pm- Lunch 1pm-BINGO!</p> 	<p>18. BOWLING TRIP 8:30- Breakfast 9:20- SIT & BE FIT 9:45- FLOOR GAMES 10:00-BOWLING TRIP 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p>  <p>WEAR YOUR CENTER SHIRTS.</p>	<p>19. FATHER'S DAY PARTY 8:30- Breakfast 9:20- SIT & BE FIT 9:45- Floor Games 10:00-Father's Day Celebration 11:30- Social Time 12pm- Lunch 1pm- FATHERS' GIFTS & CAKE!</p> 
<p>22. BREAKFAST BUFFET IN ALL YOU CAN EAT BUFFET 8:30-ALL YOU CAN EAT BUFFET 9:20- Current Events 9:45- Floor Games 10:00- TETRIS TOURNAMENT 12:30- Lunch 1pm- BINGO</p> 	<p>23 GAMES EXTRAVAGANZA 8:30- Breakfast 9:20- Current Events 9:45- Floor Games 10:30- BOARD GAMES 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p>  <p>DERMATOLOGIST VISIT!</p>	<p>24. TAPESTRY WITH TISH 8:30- Breakfast 9:20- Current Events 9:45- SIT & BE FIT 10:00- TAPESTRY WITH TISH 10:30- Floor Games 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> <p>SALON CLOSED</p> 	<p>25. TAPESTRY WITH TISH 8:30- Breakfast 9:20- Current Events 9:45- SIT & BE FIT 10:00- TAPESTRY WITH TISH 10:30- Floor Games 11:30- Social Time 12pm- Lunch – presentation by Throggs Neck Nursing and Rehab 1pm- BINGO!</p> <p>SALON CLOSED</p> 	<p>26. POOL TOURNEMENT 8:30- Breakfast 9:20- Table Talk 10:00- POOL TOURNEMENT 10:15- Floor Games 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p>  <p>PRIZE FOR WINNER! GASTRO (STOMACH) DOCTOR VISIT!</p>
<p>29 JEWELRY MAKING 8:30- Breakfast 9:20- Table Talk 9:45- Current Events 10:00- BRACELET MAKING 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> 	<p>30. LUAU THEME BIRTHDAY CELEBRATION 8:30-SPECIAL BREAKFAST 9:20- Current Events 9:45- Floor Games 10:00- BIRTHDAY CELEBRATION/DANCE OFF 12:30- Lunch 1pm- CAKE/RAFFLE</p> 	<p>1. 4TH OF JULY BBQ AT THE HEART 8:30- Breakfast 9:20- EXERCIS 9:45- Floor Games 10:00- OPEN ACTIVITY 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> 	<p>2. GAME SHOW FINISH THE LYRIC! 8:30- Breakfast 9:20- Table Talk 9:45- Floor Games 10:00- GAME SHOW 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> 	<p>3.</p>   <p>HAVE A GREAT WEEKEND!!!!</p>

THIS CALENDER IS FOR THOSE WHO WANT STRUCTURE, INDIVIDUAL ACTIVITIES ARE AVAILABLE UPON REQUEST.

MEMBERS ARE FREE TO INTERACT WITH THE GENERAL COMMUNITY WHEN EVER THEY WANT.

IF WEATHER PERMITS, WE WILL HAVE DAILY COMMUNITY WALKS.