




























DECEMBER 2025 THE HEART ADULT DAYCARE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 <u>NATIONAL PIE DAY</u> 8:30- Breakfast 9:20- Current Events 9:45- SIT & BE FIT 10:00- Floor Games 10:30- ARTS & CRAFTS 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> <p>PANTRY</p> 	<p>2 <u>MOVIES AT THE CENTER</u> 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- FLOOR GAMES 10:30- MOVIES @ THE CENTER 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> 	<p>3 <u>RESIN ART</u> 8:30- Breakfast 9:20- SIT & BE FIT 9:45- Floor Games 10:30- RESIN ART 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> 	<p>4 <u>WALMART</u> 8:30- Breakfast 9:20- Table Talk 9:45- FLOOR GAMES 10:00- WALMART 11:30- Social Time 12pm- Lunch</p>  <p>WEAR YOUR CENTER SHIRT!!!</p>	<p>5 <u>CASINO</u> 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- OPEN ACTIVITY 10:30- CASINO 12pm- Lunch 1pm- BINGO!</p>  <p>WEAR YOU CENTER SHIRT!!!</p>
<p>8 <u>SHOPPING DAY</u> 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- SOUNDVIEW PLAZA 10:30- BEADED PENS CRAFT 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> 	<p>9 <u>NATIONAL PASTRY DAY/ BOWLING TOURNAMENT</u> 8:30- Breakfast 9:20- SIT & BE FIT 9:45- FLOOR GAMES 10:00- BOWLING TOURNAMENT @ CENTER 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p>  <p>PRIZE FOR WINNER!!!</p>	<p>10 <u>DOMINO TOURNEMENT</u> 8:30- Breakfast 9:20- SIT & BE FIT 9:45- Floor Games 10:00- DOMINO TOURNEMENT 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p>  <p>PRIZE FOR WINNER!!!</p>	<p>11 <u>WINTER WONDERLAND PARTY</u> 8:30- SPECIAL BREAKFAST 9:45- Table Talk 10:00- WINTER WONDERLAND PARTY 10:15- OPEN ACTIVITY 12:30- Lunch</p> 	<p>12 <u>GINGERBREAD HOUSE DAY</u> 8:30- Breakfast 9:20- SIT & BE FIT 9:45- FLOOR FAMES 10:30- NUTRITION CLASS 11:30- Social time 12pm- Lunch 1pm- BINGO!</p> 
<p>15 <u>UGLY HAT & SOCK DAY</u> 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- JEWELRY MAKING 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> <p>PANTRY</p>  <p>WEAR YOUR <u>UGLIEST HAT</u> AND <u>UGLIEST SOCKS</u>!!!</p>	<p>16 <u>SIP & PAINT</u> 8:30- Breakfast 9:20- Current Events 9:45- SIT & BE FIT 10:00- FLOOR GAMES 10:30- SIP & PAINT 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p>  <p>CANDY CANE DAY WEAR <u>RED</u> AND <u>WHITE</u>!!!!</p>	<p>17 <u>SHOPPING DAY</u> 8:30- Breakfast 9:20- Table Talk 9:45- Floor Games 10:00- TARGET 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p>  <p>WEAR YOUR <u>CENTER SHIRT</u>!!!</p>	<p>18 <u>TWIN DAY</u> 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- OPEN ACTIVITY 10:15- Floor Games 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p>  <p>CHOOSE A <u>"TWIN"</u> & <u>DRESS THE SAME</u>!!!</p>	<p>19 <u>UGLY SWEATER PARTY</u> 8:30- Breakfast 9:20- Current Events 9:45- SIT & BE FIT 10:00- UGLY SWEATER PARTY 10:30- OPEN ACTIVITY 12pm- PIZZA PARTY 1pm- UGLY SWEATER CONTEST!!</p>  <p>WEAR YOUR <u>UGLY CHRISTMAS SWEATERS</u>!!!</p>
<p>22 <u>YOGA/AROMATHERAPY</u> 8:30- Breakfast 9:20- Current Events 9:45- Floor Games 10:00- YOGA/AROMATHERAPY 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> 	<p>23 <u>BEAR MAGIC WORKSHOP</u> 8:30- Breakfast 9:20- Table Talk 9:45- Current Events 10:00- BEAR MAGIC WORKSHOP 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> 	<p>24 <u>BIRTHDAY CELEBRATION/ CHRISTMAS PARTY</u> 8:30- SPECIAL BREAKFAST 9:20- Current Events 9:45- Floor Games 10:00- BIRTHDAY CELEBRATION 12:30- Lunch 1pm- CAKE/RAFFLE!!!</p>  <p>WEAR YOUR <u>CHRISTMAS PJS</u>!</p>	<p>25 <u>MERRY CHRISTMAS!!!</u></p>  <p>CENTER IS CLOSED!!! HAVE A BLESSED HOLIDAY WITH YOUR LOVED ONES!!! MERRY CHRISTMAS!!!</p>	<p>26 <u>POOL TOURNEMENT</u> 8:30- Breakfast 9:20- Table Talk 9:45- SIT & BE FIT 10:00- POOL TOURNEMENT 10:15- Floor Games 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p>  <p>PRIZE FOR WINNER!!!</p>
<p>29 <u>RESIN ART</u> 8:30- Breakfast 9:20- Current Events 9:45- Floor Games 10:30- RESIN ART 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p> <p>PANTRY</p> 	<p>30 <u>CHEESE TOURNEMENT</u> 8:30- Breakfast 9:20- Table Talk 9:45- FLOOR GAMES 10:30- CHEESE TOURNEMENT 11:30- Social Time 12pm- Lunch 1pm- BINGO!</p>  <p>PRIZE FOR WINNER!!!</p>	<p>31 <u>NEW YEAR CELEBRATION</u> 8:30- SPECIAL BREAKFAST 9:20- Current Events 9:45- FLOOR GAMES 10:00- NEW YEAR CELEBRATION 12PM- COUNTDOWN!!!! 12:30- Lunch 1pm- CAKE/RAFFLE</p> 		

THIS CALENDER IS FOR THOSE WHO WANT STRUCTURE, INDIVIDUAL ACTIVITIES ARE AVAILABLE UPON REQUEST.

MEMBERS ARE FREE TO INTERACT WITH THE GENARAL COMMUNITY WHEN EVER THEY WANT.

IF WEATHER PERMITS, WE WILL HAVE DAILY COMMUNITY WALKS.